Introduction to Monte Carlo Methods Lecture Notes

# Chapter 4 Markov Chain Monte Carlo

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#### 1. The Basic Idea

We want to simulate a *d*-dimensional random vector  $X \sim \pi$  (joint distribution) and compute

$$\mu = \mathbb{E}_{\pi}(h(X)) = \int_{\mathbb{R}^d} h(x)\pi(x)dx.$$

#### 1.1. Markov chain Monte Carlo

Generate a Markov chain  $x_1, x_2, \dots, x_n$  by simulating  $x_t \sim p(\cdot | x_{t-1})$ , where  $x_t = (x_{t1}, \dots, x_{td})$ , such that as  $n \to \infty$ ,

1. 
$$\hat{\mu} = \frac{1}{n} \sum_{t=1}^{n} h(x_t) \approx \mu,$$
  
2.  $x_n \sim \pi.$ 

Note that  $x_1, x_2, \cdots, x_n$  are correlated.

#### 1.2. Transition kernel and stationary distribution

Denote the one-step transition kernel of a Markov chain (M.C.) on a general state space  $(\mathbb{R}^d)$  by  $K(x, y) := p_{X_t|X_{t-1}}(y|x)$ . This generalizes the one-step transition probabilities  $p_{ij} = P(X_t = j \mid X_{t-1} = i)$  for discrete state Markov chains. If a probability density  $\pi$  satisfies

$$\int \pi(x)K(x,y)dx = \pi(y) \quad \text{for all } y, \tag{1}$$

then  $\pi(x)$  is a stationary distribution of the Markov chain:

$$X_t \sim \pi \Longrightarrow X_{t+1} \sim \pi$$

The definition in (1) is a natural generalization of the definition for discrete case:

$$\sum_{i} \pi_i \cdot p_{ij} = \pi_j \qquad \text{for all } j.$$

#### 1.3. Simulating a Markov chain

Given initial state  $x_0$ , transition kernel K(x, y), it is straightforward to simulate an M.C. with the transition kernel for  $t = 1, 2, \dots, n$  by the following algrithm. For  $t = 1, 2, \cdots, n$ ,

Draw  $x_t \sim K(x_{t-1}, \bullet)$ .

This is to draw from the conditional distribution  $[x_t \mid x_{t-1}]$ . Recall for discrete case, we draw  $x_t$  from a discrete distribution with probabilities  $\mathbb{P}[x_{t-1}, \bullet]$ , one row in the transition matrix  $\mathbb{P}$ .

#### 2. The Metropolis-Hastings Algorithm

Given a target distribution with density  $\pi(x)$ , the Metropolis-Hastings (MH) algorithm simulates a Markov chain with  $\pi$  as its stationary distribution. Let Sdenote the support of  $\pi(x)$ , i.e.,

$$\mathcal{S} = \{ x : \pi(x) > 0 \},\tag{2}$$

which defines the state space for the Markov chain simulated by the MH algorithm.

#### 2.1. Algorithm

Algorithm 1 (The MH algorithm). Pick a random initial state  $x^{(0)} \in S$ . Design a proposal distribution q(x, y), which draws a random variable y given the value of x, i.e. it defines a conditional distribution  $[y \mid x]$ . The proposal must satisfy q(x,y) = 0 for any  $y \notin S$ , i.e. the proposal only generates y such that  $\pi(y) > 0$ .

For  $t = 1, 2, \cdots, n$ ,

- 1. Draw y from the proposed distribution  $q(x^{(t-1)}, y)$ ;
- 2. Compute the MH ratio  $r(x^{(t-1)}, y) = \min\left[1, \frac{\pi(y)q(y, x^{(t-1)})}{\pi(x^{(t-1)})q(x^{(t-1)}, y)}\right];$
- 3. Draw  $u \sim \text{Unif}(0, 1)$  and update

$$x^{(t)} = \begin{cases} y, & \text{if } u \le r(x^{(t-1)}, y); \\ x^{(t-1)}, & \text{otherwise.} \end{cases}$$

First development: Metropolis et al. (1953) with q(x,y) = q(y,x) (symmetric proposal), in which case the MH ratio simplifies:

$$r(x,y) = \min\left[1,\frac{\pi(y)}{\pi(x)}\right] = \begin{cases} 1, & \text{if } \pi(y) \ge \pi(x);\\ \frac{\pi(y)}{\pi(x)}, & \text{if } \pi(y) < \pi(x). \end{cases}$$

As an example, consider a simple proposal q(x, y) that draws

$$y \mid x \sim \text{Unif}(x - \delta, x + \delta).$$

Therefore, the proposal (conditional density)

$$q(x,y) = p(y \mid x) = \frac{1}{2\delta}, \quad \text{if } |y-x| < \delta.$$

As a bivariate function, q(x, y) is symmetric in x, y, i.e. q(y, x) = q(x, y):

$$q(y,x) = \frac{1}{2\delta}, \quad \text{if } |x-y| < \delta.$$

Therefore, this is a symmetric proposal. Using this proposal, the main steps of the MH algorithm are illustrated with the following figure. In the figure, both  $a, b \in (x^{(t)} - \delta, x^{(t)} + \delta)$  and  $\pi(a) > \pi(x^{(t)}) > \pi(b)$ .



- If y = a, then  $r(x^{(t)}, y) = 1$  and  $x^{(t+1)} = y$ .
- If y = b, then  $r(x^{(t)}, y) = \pi(b)/\pi(x^{(t)}) < 1$ :  $x^{(t+1)} = y$  with probability  $\pi(b)/\pi(x^{(t)})$  and  $x^{(t+1)} = x^{(t)}$  with probability  $1 \pi(b)/\pi(x^{(t)})$ .

#### 2.2. Examples

**Example 1.** Draw  $\mathcal{N}(0,1)$  by an MH algorithm using  $\text{Unif}(x - \delta, x + \delta)$  with  $\delta = 1$  as the proposal.

```
# R code for this example
```

```
n=10000;
d=1;
X=numeric(n);
X[1]=0;
a=0;
for(t in 2:n)
{
    Y=runif(1,X[t-1]-d,X[t-1]+d);
    r=min(1,exp(-0.5*Y^2)/exp(-0.5*X[t-1]^2));
    u=runif(1,0,1);
    if(u<r){X[t]=Y;a=a+1}else{X[t]=X[t-1]};
}
```

```
a/n # acceptance rate
[1] 0.805
```

```
#use the last 5000 iterations (X[5001:n]) as our samples from N(0,1)
mean(X[5001:n])
[1] -0.04334007
sd(X[5001:n])
[1] 0.9988046
```

hist(X[5001:n])



Some remarks:

• If an MH algorithm is irreducible and aperiodic, then the M.C.  $\{x^{(t)}\}\$  converges to the stationary distribution  $\pi(x)$  and sampler averages approximate expectations:

$$\frac{1}{n} \sum_{t} h(x^{(t)}) \xrightarrow{a.s.} \mathbb{E}_{\pi} h(x).$$
(3)

• Burn-in period. Run this example with different initial values  $x^{(0)} = 5$  (red) vs  $x^{(0)} = -5$  (blue). The plot shows that the M.C. converges (two curves mix) after about 30 iterations (burn-in period). We usually use the average over  $x^{(t)}$  after the burn-in period for estimation in (3).



Next, we demonstrate how to design a proposal q(x, y) such that y always stays in S.

Example 2. Poisson Distribution.

$$\pi(x) = \frac{e^{-\lambda}\lambda^x}{x!} \propto \frac{\lambda^x}{x!}, \qquad x = 0, 1, 2, \cdots.$$

For the example, the state space  $S = \{0, 1, \dots\}$  (nonnegative integers). Therefore, the proposal q(x, y) should only move in S. One possible design is

If 
$$x \ge 1$$
, then  $y = \begin{cases} x+1, & \text{with probability } 1/2; \\ x-1, & \text{with probability } 1/2; \end{cases}$   
If  $x = 0$ , then  $y = 1$  with probability 1.

The state transition diagram of q(x, y):



q(0,1) = 1 and q(x,y) = 1/2 if  $x \ge 1$  and  $y \in \{x - 1, x + 1\}$ .

The ratio between target densities:  $\frac{\pi(y)}{\pi(x)} = \frac{\lambda^y}{\lambda^x} \frac{x!}{y!}$ . ( $\pi(x)$  can be unnormalized.)

If 
$$x, y \ge 1$$
,  $\frac{q(y, x)}{q(x, y)} = 1$ : Symmetric.

If 
$$x = 0, y = 1$$
,  $\frac{q(y, x)}{q(x, y)} = \frac{q(1, 0)}{q(0, 1)} = \frac{1}{2} = \frac{1}{2}$ .  
If  $x = 1, y = 0$ ,  $\frac{q(y, x)}{q(x, y)} = \frac{q(0, 1)}{q(1, 0)} = \frac{1}{\frac{1}{2}} = 2$ .

#### 2.3. Detail balance

In this section, we verify that  $\pi$  is indeed a stationary distribution of the Markov chain simulated by the MH algorithm. That is, for any  $y \in S$ ,

$$\int_{\mathcal{S}} \pi(x) K(x, y) dx = \pi(y), \quad \text{or } \sum_{x \in \mathcal{S}} \pi(x) K(x, y) = \pi(y)$$

for discrete state space, where K(x, y) is the one-step transition kernel of the MH algorithm.

We consider a sufficient condition that is easy to check, called the detail balance condition:

$$\pi(x)K(x,y) = \pi(y)K(y,x), \quad \text{for all } x, y \in \mathcal{S}.$$
(4)

The key intuition behind the detail balance condition may be understood using water flow between two tanks x and y as an analogy, illustrated in the following figure. The volumes of water in the two tanks are  $\pi(x)$  and  $\pi(y)$ , respectively. Two pipes connect the tanks, one allowing water to flow from x to y and the other from y to x. The flow rates are K(x, y) and K(y, x) per unit volume of water. Thus, the flow rate from tank x to y is  $\pi(x)K(x, y)$ , and  $\pi(y)K(y, x)$  in the other direction. If the detail balance condition holds, then the amount of water flow from x to y will match exactly that from y to x, and as a result, the volumes  $\pi(x)$  and  $\pi(y)$  will stay constant over time.



**Lemma 1.** If the detail balance condition (4) holds, then  $\pi$  is a stationary distribution of the Markov chain with K(x, y) as the one-step transition kernel.

*Proof.* Integrating over x on both sides of the detail balance condition, we have, for any y,

$$\int \pi(x)K(x,y)dx = \int \pi(y)K(y,x)dx = \pi(y)\int K(y,x)dx = \pi(y)dx$$

where the last equality is due to the fact that K(y, x) is a conditional density for  $[x \mid y]$ .

**Theorem 1.** The MH algorithm simulates a Markov chain for which  $\pi(x)$  is a stationary distribution.

*Proof.* It suffices to show that the detail balance condition (4) is satisfied, i.e.  $\pi(x)K(x,y) = \pi(y)K(y,x)$  for any x and y.

- 1. It is trivially true for x = y;
- 2. Suppose  $y \neq x$ . Then the MH algorithm must propose y and accept it. Therefore, the transition kernel

$$K(x,y) = q(x,y) \min\left[1, \frac{\pi(y)q(y,x)}{\pi(x)q(x,y)}\right].$$

Now we have

$$\begin{aligned} \pi(x)K(x,y) &= \pi(x)q(x,y)\min\left[1,\frac{\pi(y)q(y,x)}{\pi(x)q(x,y)}\right] \\ &= \min[\pi(x)q(x,y),\pi(y)q(y,x)] \\ &= \min\left[\frac{\pi(x)q(x,y)}{\pi(y)q(y,x)},1\right] \cdot \pi(y)q(y,x) \\ &= \pi(y)K(y,x). \end{aligned}$$

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#### 2.4. Autocorrelation and efficiency

Consider the efficiency of MCMC for estimating

$$\mu_h = \int h(x)\pi(x)dx = \mathbb{E}_{\pi}[h(X)]$$

Suppose  $x^{(1)}, x^{(2)}, \dots, x^{(m)}$  is a Markov chain with  $\pi$  as its stationary and also limiting distribution. Let  $\overline{h}_m = \frac{1}{m} \sum_{i=1}^m h(x^{(i)})$ .

Assume that  $x^{(0)} \sim \pi(x)$ . If m is large, then

$$\operatorname{Var}(\overline{h}_m) = \frac{\sigma^2}{m} \left[ 1 + 2\sum_{j=1}^{m-1} \left( 1 - \frac{j}{m} \right) \rho_j \right] \approx \frac{\sigma^2}{m} \left[ 1 + 2\sum_{j=1}^{\infty} \rho_j \right], \quad (5)$$

where  $\sigma^2 = \operatorname{Var}_{\pi}[h(x)]$  and

$$\rho_j = \operatorname{cor}(h(x^{(1)}), h(x^{(1+j)})) = \operatorname{cor}(h(x^{(t)}), h(x^{(t+j)})), \quad \text{for any } t = 1, 2, \dots$$

is the j-step autocorrelation.

Comparing (5) to an independent sample,  $x^{(i)} \sim \pi$  independently for  $i = 1, \ldots, m$ ,

$$\operatorname{Var}(\overline{h}_m) = \frac{\sigma^2}{m},$$

we define effective sample size of this Markov chain as

$$\frac{m}{1+2\sum_{j=1}^{\infty}\rho_j}.$$

Thus, the faster the autocorrelation  $\rho_j$  decays to zero, the more efficient the estimation of  $\mu_h$  by the MCMC algorithm.

In Example 1, we may change the value of  $\delta$  in the proposal Unif $(x - \delta, x + \delta)$  to see the change in autocorrelations, demonstrating different efficiency for different proposals. The figures below show the autocorrelation plot,  $\rho_j$  for  $j = 0, \ldots, 40$ , generated by

#### acf(X)

for  $\delta = 1$  and  $\delta = 5$  and the corresponding acceptance rates  $P_a$ . The autocorrelation plots suggest that the choice of  $\delta = 5$  gives more efficient estimates. See Section 5.1 for related discussion.



#### 3. Ising Model

#### 3.1. MH Algorithm for 1-D Ising Model

We use the 1-D Ising model to demonstrate the MH algorithm for simulating from a joint distribution.

**Example 3** (1-D Ising Model). Consider a random vector  $x = (x_1, \dots, x_d) \in \{1, -1\}^d$ , i.e. every  $x_j \in \{1, -1\}$ . Define an energy function

$$U(x) = -\sum_{i=1}^{d-1} x_i x_{i+1}.$$

At a given temperature T > 0, the Boltzmann distribution is specified by the probability mass function

$$\pi(x) \propto \exp\left[-\frac{U(x)}{T}\right] = \exp\left[\mu \sum_{i=1}^{d-1} x_i x_{i+1}\right],\tag{6}$$

where  $\mu = 1/T > 0$ . Note that  $\pi(x) = \pi(x_1, \ldots, x_d)$  is a joint distribution over d binary random variables  $x_i \in \{\pm 1\}, i = 1, \ldots, d$ . There are a total of  $2^d$  possible combinations among the  $x_i$ 's. We call each combination a configuration. This is a simple model for a physical system consisting of d particles. The Boltzmann distribution assign a probability  $\pi(x)$  for each configuration x.

We can use a graph to represent the joint distribution  $\pi(x)$ . Each node in the graph corresponds to a random variable and an edge exists if there is a product term  $(x_i x_{i+1})$  in U(x):

$$x_1$$
  $x_2$   $x_3$   $\cdots$   $x_{i-1}$   $x_i$   $x_{i+1}$   $\cdots$   $x_d$ 

Given a current configuration  $x^{(t)} = (x_1^{(t)}, \cdots, x_d^{(t)})$ , one iteration of the MH algorithm consists of:

1. Proposal: Randomly choose j from  $\{1, \ldots, d\}$  and flip  $x_j$  to its opposite:

$$y = (x_1^{(t)}, \cdots, -x_j^{(t)}, \cdots, x_d^{(t)}).$$

This is a symmetric proposal:  $q(x^{(t)}, y) = q(y, x^{(t)})$ . 2. Thus, the MH ratio

$$r(x^{(t)}, y) = \min\left[1, \frac{\pi(y)}{\pi(x^{(t)})}\right],$$
$$\frac{\pi(y)}{\pi(x^{(t)})} = \exp\left\{-2\mu x_j^{(t)} \left(x_{j-1}^{(t)} + x_{j+1}^{(t)}\right)\right\},$$

where  $x_0^{(t)} = x_{d+1}^{(t)} \equiv 0$ .

The following R code implements this MH algorithm to simulate from  $\pi$  with T = 1 and estimate  $\mathbb{E}_{\pi}g(x) = \mathbb{E}_{\pi}(\sum_{i} x_{i})$ . You may change the value of T (temperature) to see its effect on the distribution and the expectation.

```
n=6000;
d=20;
X=matrix(0,n,d);
X[1,]=sample(c(-1,1),size=d,replace=TRUE);
g=numeric(n);
g[1]=sum(X[1,]);
T=1;
for(t in 2:n)
{
   y=X[t-1,];
   j=sample(1:d,size=1);
   y[j]=-X[t-1,j];
   if(j==1){
      r=exp(-2*X[t-1,1]*X[t-1,2]/T);
   }else if(j==d){
      r=exp(-2*X[t-1,d-1]*X[t-1,d]/T);
   }else{
      r=exp(-2*X[t-1,j]*(X[t-1,j-1]+X[t-1,j+1])/T);
   }
   U=runif(1,0,1);
   if(U<=min(r,1)){X[t,]=y}else{X[t,]=X[t-1,]};
   g[t]=sum(X[t,]);
}
mean(g[1000:n])
```

#### 3.2. Boltzmann Distribution

The Boltzmann distribution

$$P_T(x) = \frac{1}{Z(T)} e^{-h(x)/T},$$
(7)

where  $x \in [N] := \{1, ..., N\}$  is the configuration (state) of a physical system, h(x) is the energy of state x; T > 0 is the temperature, and

$$Z(T) = \sum_{x=1}^{N} e^{-h(x)/T}$$

is normalization constant (partition function). Important physical quantities, such as energy and entropy, are defined via  $P_T$ :

Energy 
$$U_T = \mathbb{E}(h(X)) = \sum_x h(x) P_T(x).$$
  
Entropy  $S_T = -\mathbb{E}[\log P_T(X)] = -\sum_x P_T(x) \log P_T(x).$ 

However, since the number of states N is typically very large, combinatorial in the number of particles in a system, the above expectations cannot be calculated exactly. For example, if the state  $x = (x_1, \ldots, x_M)$ , each  $x_i \in \{\pm 1\}$  representing the state of a particle, then  $N = 2^M$ . Thus, we usually use Monte Carlo simulation to approximate them: Given h(x) and T > 0, draw  $x^{(i)} \sim_{iid} P_T$  for  $i \in [n]$  to estimate

$$\widehat{U}_T = \frac{1}{n} \sum_{i=1}^n h(x^{(i)}), \qquad \widehat{P}_T(x) = \frac{1}{n} \sum_{i=1}^n I(x^{(i)} = x),$$

and  $\widehat{S}_T = -\sum_x \widehat{P}_T(x) \log \widehat{P}_T(x)$ .

Derivation of the Boltzmann distribution  $P_T$  is based on two physical laws: (i) maximum entropy and (ii) conservation of average energy. Put

$$p = (p_1, \ldots, p_N) = (p_x)_{1 \le x \le N}$$

and suppose the average energy is u (fixed). Then  $P_T$  is the solution to

$$\max_{p} \left\{ -\sum_{x} p_{x} \log p_{x} \right\}$$
  
subject to  $\sum_{x} p_{x} = 1$ ,  $\sum_{x} p_{x} h(x) = u$ .

Define the Lagrangian

$$L(p,\beta,\lambda) = -\sum_{x} p_x \log p_x - \beta \left(\sum_{x} p_x h(x) - U\right) - \lambda \left(\sum_{x} p_x - 1\right)$$

and set its derivatives to zero

$$\frac{\partial L}{\partial p_x} = -\left\{\log p_x + 1 + \beta h(x) + \lambda\right\} = 0$$

to get

$$p_x = \frac{\exp(-\beta h(x))}{C(\beta)}, \qquad C(\beta) = \sum_x \exp(-\beta h(x)).$$

Moreover,  $\beta$  is determined by the average energy u, since

$$\sum_{x} \frac{\exp(-\beta h(x))}{C(\beta)} h(x) = u.$$

Now letting  $T = 1/\beta$  and Z(T) = C(1/T), we arrive at the Boltzmann distribution  $P_T$  in (7).

#### 4. Simulated Annealing

For any  $\pi(x)$ , let  $h(x) = -\log(\pi(x))$ . For T > 0, define

$$\pi(x;T) \propto \exp\left[-\frac{h(x)}{T}\right],$$

where T is the temperature in the Boltzmann distribution (7) regarding h(x)as the energy function. In particular,  $\pi(x) = \pi(x; T = 1)$ . Denote the global minimizer of h by

$$x^* = \operatorname{argmin} h(x) = \operatorname{argmax} \pi(x).$$

Varying the temperature  $T \in (0, \infty)$ , we can change the shape of the distribution  $\pi(x; T)$ :

•  $T \to \infty$ : for any x,

$$\frac{\pi(x;T)}{\pi(x^*;T)} = \exp\left[\frac{h(x^*) - h(x)}{T}\right] \to 1.$$

Thus,  $\pi(x;T) \propto 1$ , close to uniform distribution.

•  $T \to 0$ : for any  $h(x) > h(x^*)$ ,

$$\frac{\pi(x;T)}{\pi(x^*;T)} = \exp\left[\frac{h(x^*) - h(x)}{T}\right] \to \exp(-\infty) = 0.$$

Thus,  $\pi(x;T)$  is concentrated at  $x^*$ , i.e. a point mass at  $x^*$ .

The goal of simulated annealing is to find  $x^*$ , the global minimizer of h(x). This method uses the MH algorithm to simulate from  $\pi(x;T)$  with a non-increasing sequence of T. It starts with a high temperature (large T) and gradually decreases T to zero. At a high temperature, since  $\pi(x;T)$  is pretty flat, the MH algorithm has a decent chance to explore different local modes of the density. Later on, as T decreases to 0, the samples will converge to  $x^*$  with a high probability.

The following figure illustrates the idea of simulated annealing, showing  $\pi(x; T)$  for T = 20, 1, 0.1. The target density  $\pi(x)$  (black curve, T = 1) has two modes, the global maximizer  $x^* = 1$  and another local maximizer at x = 2.5.



Algorithm 2 (Simulated annealing). Choose  $T_1 \ge T_2 \ge \cdots \ge T_n \to 0$  and pick  $x^{(0)}$ .

For t = 1, ..., n:

- Set  $T = T_t$ . Draw  $x^{(t)}$  given  $x^{(t-1)}$  via one step of an MH algorithm targeting at  $\pi(x;T)$ . That is, in step 2 of Algorithm 1, we replace  $\pi(x)$  and  $\pi(y)$  by  $\pi(x;T)$  and  $\pi(y;T)$ , respectively.

#### 5. Some Special Designs

#### 5.1. Random-walk Metropolis

Consider  $\pi(x)$  defined on  $\mathbb{R}^d$  (*d*-dimensional Euclidean Space). Use the addition of a random perturbation (an error vector) as the proposal in the MH algorithm.

Given the current sample  $x^{(t)}$ , the proposal  $q(x^{(t)}, y)$  draws

$$y = x^{(t)} + \varepsilon_t, \qquad \varepsilon_t \sim g_\sigma(\varepsilon),$$
 (8)

where  $g_{\sigma}$  is a spherically symmetric distribution, i.e.,  $g_{\sigma}(a) = g_{\sigma}(b)$  if ||a|| = ||b||(Euclidean norm).



Examples of  $g_{\sigma}(\varepsilon)$  include multi-variate Gaussian  $\mathcal{N}_d(0, \sigma^2 \mathbf{I}_d)$  and  $\mathrm{Unif}(B(0, \sigma))$ , where  $B(0, \sigma)$  is the ball centering at 0 with radius  $\sigma$ , i.e.

$$B(0,\sigma) := \{ x \in \mathbb{R}^d : ||x|| \le \sigma \}.$$

The proposal in (8) is symmetric,  $q(x^{(t)}, y) = q(y, x^{(t)})$ , since  $g_{\sigma}(\varepsilon) = g_{\sigma}(-\varepsilon)$ .

The random-walk Metropolis:

Given  $x^{(t)}$ ,

- 1. Draw  $\varepsilon_t \sim g_{\sigma}(\varepsilon)$ : spherically symmetric ( $\sigma$  can be controlled by the user), set  $y = x^{(t)} + \varepsilon_t$ ,  $r(x^{(t)}, y) = \min\left[1, \frac{\pi(y)}{\pi(x^{(t)})}\right]$ ; 2. Draw  $u \sim \text{Unif}(0, 1)$  and update

$$x^{(t+1)} = \begin{cases} y, & \text{if } u \le r(x^{(t)}, y); \\ x^{(t)}, & \text{otherwise.} \end{cases}$$

How to choose  $\sigma$ : maintain acceptance rate  $\in [0.25, 0.35]$ . See the autocorrelation plots in Section 2.4.

#### 5.2. Metropolized independence sampler

In some problems, we may have ways to approximate the target distribution  $\pi$  by a trial distribution g that we can simulate from. In these cases, we may choose q(x, y) = g(y), which defines a proposal that is independent of x. An MH algorithm with such an independent proposal is called a Metropolized independence sampler:

Given  $x^{(t)}$ ,

1. Draw  $y \sim g(y)$ ,

$$r(x^{(t)}, y) = \min\left[1, \frac{\pi(y)}{\pi(x^{(t)})} \frac{g(x^{(t)})}{g(y)}\right] = \min\left[1, \frac{w(y)}{w(x^{(t)})}\right],$$

where  $w(x) = \pi(x)/g(x)$  is the importance weight;

2. Draw  $u \sim \text{Unif} (0, 1)$ ,

$$x^{(t+1)} = \begin{cases} y, & \text{if } u \le r(x^{(t)}, y); \\ x^{(t)}, & \text{otherwise.} \end{cases}$$

Some remarks:

(a) This method is closely related to importance sampling and it uses importance weights  $w(y)/w(x^{(t)})$  to calculate the MH ratio. Similar to importance sampling, the efficiency of this MH algorithm depends on how close g(y) is to  $\pi(y)$ . One way to measure the closeness is by the variance of the importance weights:  $\operatorname{Var}_g[w(x)] := V_w$ . Small  $V_w$  suggests that g is close to  $\pi$  and usually leads to a higher acceptance rate. If  $\operatorname{Var}_g(w(x)) = 0$ , then  $g = \pi$  and r(x, y) = 1 for all x, y. Therefore, for a Metropolized independence sampler, the higher the acceptance rate, the more efficient of the algorithm.

(b) To get robust performance and reduce the variance  $V_w$ , the trial distribution g should have a heavier tail than  $\pi$ . For example, if  $\pi$  is a normal distribution then g could be a *t*-distribution.



**Example 4** (Gamma distribution). Design a Metropolized independent sampler to draw from  $\text{Gamma}(\alpha, \beta), \alpha > 1, \beta > 0$ ,

$$\pi(x) = \frac{\beta^{\alpha}}{\Gamma(\alpha)} x^{\alpha - 1} e^{-\beta x}, \quad x > 0,$$

using  $\text{Exp}(\lambda)$  as the trial distribution. Let

$$w(x) = \frac{x^{\alpha - 1}e^{-\beta x}}{\lambda e^{-\lambda x}}.$$

Choose  $\lambda$  to minimize  $\operatorname{Var}_q(w(x))$ .

Since  $\mathbb{E}_g(w(x)) = \int x^{\alpha-1} e^{-\beta x} dx = \Gamma(\alpha)/\beta^{\alpha}$  is a constant independent of  $\lambda$ , it is equivalent to minimizing  $\mathbb{E}_g[w(x)^2] = \int w(x)^2 g(x) dx$ . Some calculation shows that

$$\mathbb{E}_g[w(x)^2] = \frac{1}{\lambda} \int_0^\infty x^{2\alpha - 2} e^{-(2\beta - \lambda)x} dx.$$

Note that  $\mathbb{E}_{g}[w(x)^{2}] < \infty$  if and only if  $2\beta - \lambda > 0$ . So we must choose

$$\lambda < 2\beta. \tag{9}$$

Under this condition, the integrand is an unnormalized  $\mathrm{Gamma}(2\alpha-1,2\beta-\lambda)$  and thus

$$\mathbb{E}_g[w(x)^2] = \frac{1}{\lambda} \cdot \frac{\Gamma(2\alpha - 1)}{(2\beta - \lambda)^{2\alpha - 1}}.$$

Therefore, to minimize  $\mathbb{E}_{q}[w(x)^{2}]$  we just need to maximize

$$f(\lambda) = \lambda (2\beta - \lambda)^{2\alpha - 1}$$

over  $\lambda$ . Since the objective  $f(\lambda) > 0$ , we can equivalently

$$\max_{\lambda} \left[ \log f(\lambda) = \log \lambda + (2\alpha - 1) \log(2\beta - \lambda) \right]$$

of which the only maximizer is

$$\lambda^* = \beta / \alpha$$

by setting derivative to zero. Since  $\alpha > 1$ , we have  $\lambda^* < \beta$  satisfying the constraint (9). This also shows that the tail of g is heavier than that of  $\pi$  (Remark b):

$$\lim_{x \to \infty} \frac{\pi(x)}{g(x)} = C \lim_{x \to \infty} \frac{x^{\alpha - 1}}{e^{(\beta - \lambda^*)x}} = 0,$$

where C > 0 is a constant.

In fact, with  $\lambda^* = \beta/\alpha$ , g and  $\pi$  have the same mean  $(1/\lambda^* = \alpha/\beta)$ . That is, we have matched the expectations of the two distributions with this optimal choice.

#### 5.3. Single-coordinate updating

This design is for multivariate distributions. For

$$\mathbf{x} = (x_1, \cdots, x_{i-1}, x_i, x_{i+1}, \cdots, x_d) \in \mathbb{R}^d,$$

define

$$\mathbf{x}_i(y) := (x_1, \cdots, x_{i-1}, y, x_{i+1}, \cdots, x_d) : \mathbf{x} \text{ with } y \text{ replacing } x_i;$$
  
$$\mathbf{x}_{[-i]} := (x_1, \cdots, x_{i-1}, x_{i+1}, \cdots, x_d) : \mathbf{x} \text{ with } x_i \text{ omitted.}$$

Our target distribution is  $\pi(\mathbf{x})$ .

To do single-coordinate update in the MH algorithm, the proposal  $q(\mathbf{x}, \mathbf{y})$  has two steps:

- (a) Select a coordinate *i*, either cycling through 1 to *d* deterministically, or randomly from  $\{1, \ldots, d\}$ .
- (b) Given *i*, draw  $y \sim q_i(x_i, y)$ , which proposes a scaler *y* from some univariate distribution  $[y \mid x_i]$ , e.g.  $y \sim \mathcal{N}(x_i, 1)$ . Then put  $\mathbf{y} = \mathbf{x}_i(y)$ . That is, the proposal only changes the *i*th coordinate of  $\mathbf{x}$ .

The MH ratio is determined by

$$\frac{\pi(\mathbf{y})}{\pi(\mathbf{x})}\frac{q(\mathbf{y},\mathbf{x})}{q(\mathbf{x},\mathbf{y})} = \frac{\pi(\mathbf{x}_i(y))}{\pi(\mathbf{x})}\frac{q_i(y,x_i)}{q_i(x_i,y)}.$$
(10)

Let  $\pi(\cdot \mid \mathbf{x}_{[-i]})$  be the conditional density of  $[x_i \mid \mathbf{x}_{[-i]}]$ . Then we have

$$\pi(\mathbf{x}) = \pi(x_i | \mathbf{x}_{[-i]}) \cdot \pi(\mathbf{x}_{[-i]}),$$
  
$$\pi(\mathbf{x}_i(y)) = \pi(y | \mathbf{x}_{[-i]}) \cdot \pi(\mathbf{x}_{[-i]}),$$

and consequently, the ratio in (10) simplifies to

$$\frac{\pi(\mathbf{y})}{\pi(\mathbf{x})}\frac{q(\mathbf{y},\mathbf{x})}{q(\mathbf{x},\mathbf{y})} = \frac{\pi(y|\mathbf{x}_{[-i]})}{\pi(x_i|\mathbf{x}_{[-i]})}\frac{q_i(y,x_i)}{q_i(x_i,y)}.$$
(11)

This is the same as an MH algorithm with the conditional distribution  $\pi(\cdot | \mathbf{x}_{[-i]})$  as the target and  $q_i(x_i, y)$  as the proposal.

An *important* special case is to choose  $q_i(x_i, y) = \pi(y|\mathbf{x}_{[-i]})$ , i.e., we propose y by sampling from the conditional distribution  $y \sim \pi(\cdot|\mathbf{x}_{[-i]})$ . Accordingly,  $q_i(y, x_i) = \pi(x_i|\mathbf{x}_{[-i]})$ . Then by (11) the MH ratio

$$r(\mathbf{x}, \mathbf{y}) = \min\left[1, \frac{\pi(y|\mathbf{x}_{[-i]})}{\pi(x_i|\mathbf{x}_{[-i]})} \cdot \frac{\pi(x_i|\mathbf{x}_{[-i]})}{\pi(y|\mathbf{x}_{[-i]})}\right] \equiv 1,$$

so  $\mathbf{y} = \mathbf{x}_i(y)$  is always accepted. In other words, we just iteratively sample from the conditional distribution  $\pi(\cdot|\mathbf{x}_{[-i]})$  for a chosen coordinate  $i \in \{1, \ldots, d\}$ . This is the Gibbs sampler.